

CONTENTS

An Alternative Order for Reading

Orientation

Preface

Introduction

A View to Salvation

1. Spiritual Anthropology.....St Symeon the New Theologian [†1022]
2. The Path to Salvation.....St Theophan the Recluse [†1894]

A Different Way of Seeing

3. The Shepherd of Hermas.....Hermas [c. A.D. 50–200]
4. The Unity of Christ's Ideal.....St Hilarion Troitsky [†1929]

A Different Way of Knowing

5. The Samaritan Woman at the Well...St Theophylact of Bulgaria [†c.1126]
6. The Mystery of Knowledge.....St Isaac the Syrian [†c.700]
via St Justin Popovich [†1979]

A Different Association

7. The Communion of Saints.....Metropolitan Kallistos (Ware) [1964 essay]
8. Valentine.....Contemporary letter
9. Annunciation Canon.....St John of Damascus [†c.749]

A Different Attitude

10. A Sower Went Out to Sow His Seed.....St Gregory Palamas [†1359]
11. Glory Be to God!.....St Ignatius Brianchaninov [†1867]
12. Weekday Hymnal.....Church Hymnographers [?700–900]

Divine Service

13. Treatise on Prayer.....St Symeon of Thessalonike [†1429]
14. Short Hours.....Daily Office [?300–900]
15. Vesper Hymns.....*Octoechos* [c.700–900]

Daily Nurture

- 16. Prologue of Ohrid.....St Nikolai Velimirovic [†1956]
- 17. An Odd Chapter.....Ancient Writers [c.100–800]

Daily Struggle

- 18. Self-Restraint.....Desert Fathers [c.300–800]
- 19. The War of Thoughts.....St Paisios the New [†1994]
- 20. Life of Saint Stephen the New.....St Stephen [†766]
via St Demetrius of Rostov [†1709]

Environmental Review

- 21. Life of Saint Niphon.....St Niphon [†350]
via St Demetrius of Rostov [†1709]

Epilogue

Appendix

- A Church Library
- My Favorite Matins
- Canon Basics
- Reading Calendar for *Saint Gregory Palamas: The Homilies*

Index

- Author
- Subject
- Miscellanea

From *Hungry Orthodox Christian Reader*

Modified and reformatted for Web delivery

www.OrthodoxReader.com

Preface

This Reader is not spiritual guidance but practical direction. It is less about *what* Orthodox believe and more about *how* Orthodox believe. Most important, it is about the *sources* currently available in English. This book should leave you unsatisfied, appetite whetted. It is intended to expose the hungry reader to various types of Orthodox nourishment and to provide a key to the pantry.

At the end of each chapter is a note regarding its source as well as a box full of Miscellanea: books, specimens, oddments related (usually) to that particular topic or type of writing. Many of these Miscellanea include **Parent Friendly** tips for busy parents (or relatives or friends) who are concerned to pass on their Orthodoxy to their children. One may not be inspired by each and every article, but wherever one feels a special resonance would be a good place to launch into further study (and practice/*praxis*).

As with so many Orthodox books, it may be expedient to skip the Introduction and begin immediately with the real text. The Introduction might be more useful to the reader after getting a sense of the book. That is, rather than politely (and perhaps yawningly) accept the Introduction's (pre)suppositions, wrestle them armed and witting.

In the same vein, the Alternative Order for Reading is provided for those who prefer a less "intellectual," more "hands-on" approach or who are weary (wary) of Academia. Or, if reading or interest bogs down in the first few chapters, switch to the alternative. The Alternative Order is especially recommended for people whose available time and attention for reading is stressfully tight; for others who, though hungry for Orthodoxy, feel they don't know enough about Orthodoxy to read about Orthodoxy; and for those for whom reading is not yet (or is no longer) a normal, natural, enjoyable activity.

Bon Appétit!

An Alternative Order for Reading

- Orientation
- Preface
- Short Hours (Chapter 14)
- Treatise on Prayer (13)
- The War of Thoughts (19)
- Weekday Hymnal (12)
- Prologue of Ohrid (16)
- A Sower Went Out to Sow His Seed (10)
- The Samaritan Woman at the Well (5)
- Spiritual Anthropology (1)
- The Path to Salvation (2)
- The Communion of Saints (7)
- Valentine (8)
- Annunciation Canon (9)
- Introduction
- Life of Saint Stephen the New (20)
- Vesper Hymns (15)
- The Shepherd of Hermas (3)
- Glory Be to God! (11)
- The Unity of Christ's Ideal (4)
- Self-Restraint (18)
- An Odd Chapter (17)
- The Mystery of Knowledge (6)
- Life of Saint Niphon (21)
- Epilogue
- Appendix

From *Hungry Orthodox Christian Reader*

Modified and reformatted for Web delivery

www.OrthodoxReader.com